

Clay Community Schools

ELEMENTARY LUNCH

MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 BIG DADDY'S PEPPERONI PIZZA CORN BROCCOLI, FRESH APPLESAUCE MILK	Mar - 2 TACO SALAD REFRIED BEANS RED PEPPER STRIPS MIXED FRUIT JUICE MILK	Mar - 3 HAMBURGER/BUN SANDWICH VEGGIES FRENCH FRIES CARROTS, fresh PEACHES JUICE MILK
Mar - 6 CHICKEN NUGGETS BROCCOLI & CHEESE CARROTS, fresh PEARS PRETZEL JUICE MILK	Mar - 7 CHICKEN DRUMMIES, BISCUIT BAKED BEANS FRENCH FRIES FRUIT of cooks choice JUICE MILK	Mar - 8 PIZZA, VARIETY CARROTS, fresh CORN APPLESAUCE JUICE MILK	Mar - 9 CORN DOG COTTAGE CHEESE FRENCH FRIES BROCC & CAULIFLOWER PEACHES MILK	Mar - 10 CHEESEBURGER/BUN FRENCH FRIES GREEN BEANS MIXED FRUIT JUICE MILK
Mar - 13 POPCORN CHICKEN CORNBREAD CARROTS, fresh BAKED BEANS MIXED FRUIT MILK	Mar - 14 SPAGHETTI/MEAT SAUCE BOSCO BREADSTICK RED PEPPER STRIPS SALAD w/ DRESSING PEACHES JUICE MILK	Mar - 15 CALZONE, ITALIAN CORN CELERY STICKS APPLESAUCE JUICE MILK	Mar - 16 STEAK BITES DINNER ROLL, WG MASHED POTATOES GREEN BEANS FRUIT of cooks choice JUICE MILK	Mar - 17 CHICKEN QUESADILLAS CORN CARROTS, fresh PEARS MILK
Mar - 20 CHICKEN TENDERS BREAD FRENCH FRIES CORN PEACHES MILK	Mar - 21 CHICKEN SOFT TACO REFRIED BEANS CARROTS, fresh MIXED FRUIT MILK	Mar - 22 PEPPERONI FRENCH BREAD PIZZA CORN CELERY STICKS APPLESAUCE JUICE MILK	Mar - 23 BREADED FISH STICKS BREAD FRENCH FRIES GREEN BEANS PEACHES MILK	Mar - 24 COOKS' CHOICE COTTAGE CHEESE CARROTS, fresh BROCCOLI, FRESH PEARS JUICE MILK
Mar - 27 SPRING BREAK	Mar - 28 SPRING BREAK	Mar - 29 SPRING BREAK	Mar - 30 SPRING BREAK	Mar - 31 SPRING BREAK

ALL MENUS ARE SUBJECT TO CHANGE
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	662	550-650	102%	Sugars	44.12* g	26.65%	
Sodium	977 mg	1230		Carbohyd	89.89 g	54.29%	
Fiber	7.59 g			Tot. Fat	20.26 g	27.54%	<=30.0%
				Sat. Fat	6.38 g	8.67%	<10.00%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.